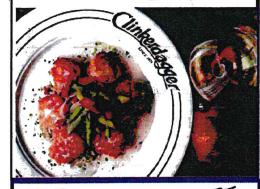
December

Supper Club @ *Clinkerdagger*

We will go to Supper at Clinkerdagger on Tuesday, December 10th, with the bus leaving at 4:00pm. Please sign up.



CHRISTMAS

LIGHTS TOUR

We have two nights of Christmas Light Tours. Sign up for EITHER Tuesday, December 17th or Wednesday, December 18th, both dates at 6:00pm.

One sign up date per person



NORTHERN

QUEST CASINO

The bus will leave at 10:00am to the Northern Quest Casino on Friday, November 6th.



Join us on the bus at 10:45am for Lunch at the Palm Court Grill in the Davenport Hotel, on Friday, Dec. 13th.

Please sign up!



BREAKFAST OUTING TO OLD EUROPEAN



We will go out to Breakfast at the Old European on Thursday, December 19th at 9:00am. Please sign up.

uropean on embar 10th released film at the

nearby Movie
Theater on Friday,
December 27th.
TBA on Time & Movie.

Pre-pay at the office \$9.00,or pay there a higher price Sign up.



Spokane Symphony Holiday Pops

The Spokane Symphony will do Christmas Movie Music on Saturday, December 21st. The bus leaves at 6:45pm. Please sign up. For tickets, call: 509-624-1000.

← Egg Nog & ← Christmas Cookies We will have an Egg Nog &

We will have an Egg Nog & Christmas Cookie Social on December 24th, Christmas Eve at 1:00pm in

Eve at 1:00pm in the Garden Mall.

CHRISTMAS &

PARTY

Join us in the

Dining Room

Friday, December

20th for our

Annual Resident &

Staff Christmas

Party at 12:00pm.

This will be the

dinner meal for the

day, and we will

have a delicious

buffet, with lots of

Door Prizes, Live

Music and a visit

from Santa Claus!

Christmas Dinner

Christmas Day Dinner will be served at 12:30pm in our Dining Room, on Wednesday, December 25. Let the Kitchen know if you will have guests.





Merry Christmas

New Year's

Eve Dinner

On Tuesday,
December 31st at
4:00pm, we will have
our New Year's Eve
Prime Rib Dinner!



Following Dinner, we will have a Casino
Night Activity, with lots of fun and prizes in the Garden Mall, starting at 5:30pm

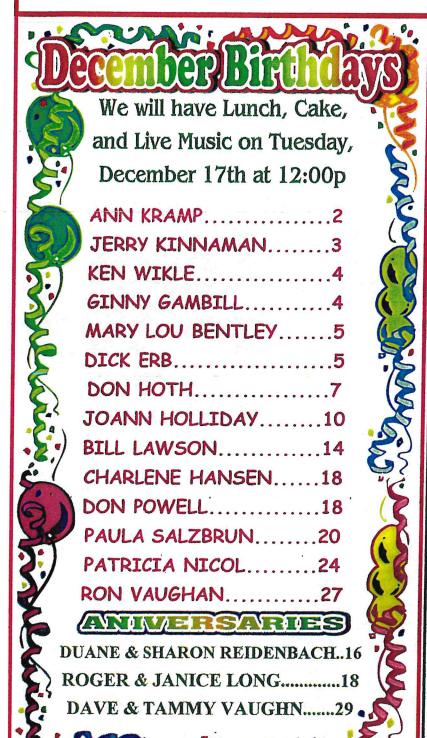




December 2024 Wellness Programs Page 2

Christmas Door Decorating Contest

You may decorate your Door and/or surrounding area. Our Residents will be the Judge. Voting ballots will be in your inhouse mail, Please turn them in by Wednesday, December 18th. Winners will be announced at our Christmas Party on the 20th.



Exercise Classes

GROUP SWIM

M,W & F ~ 8:00am None on December 25th SIT & FIT

Weds. 11:00am None 18th & 25th

ZUMBA

None on the 26th Mon. & Thurs.

11:00am

STRETCHING

Fridays ~ 11:15am

MEN'S ST

Men's Breakfast
will be on
Wednesday,
December 11th
at 8:30am ~
Dining Room.
Breakfast is
\$2.00. Santa
will be there!

MASSAGE THERAPY

Because of the Holidays, we will have just one massage date on Wed Dec. 11th. Sign up for \$15 for 15 minutes. 9:00am to 12:00p.

CATHOLIC MINISTRIES

Wednesday, Dec. 4th @ 10:00am Chapel.

HEARING CLINIC

Thursday, December 12th at 1:00pm.

WOMEN'S BIBLE STUDY

Tuesdays @10:00am -TV Room

MEN'S BIBLE STUDY

Friday's @10:00am ~Dining Room

SUNDAY ADVENT

Sunday, Dec. 1, 8 & 15 @6:00pm

MEN'S LEGACY GROUP

No Men's Legacy Group this month due to the Holidays.

December 2024

CHRISTMAS

CRAFTS

Have fun making three

Christmas Ornaments,

two wreaths and a

candle ornament.

Sign up for Crafts

on Saturday,

December 7th at

11:00am ~ Garden Mall.

SIP & PAINT

CLASS WITH

ANNYA

We will be painting a

Winter Wonderland

Scene for our Sip &

Paint Class on Saturday,

December 28th in the

Garden Mall at 12:00noon

to 2:00pm. Please sign up.

* * * *

FIN & CAMES

MAHJONG

1:00pm ~ Mondays

Game and Lessons are taught by Resident Lenya Treewater.

GOOD OLD DAYS

1:00pm ~ Sat, Dec. 7th

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PINOCHLE

10:00am ~Mondays

BRIDGE

12:30pm ~ Mondays & 12:30pm ~ Tuesdays

BILLIARDS

1:30pm ~ Mon/Wed/Fri



POKENO

6:00pm ~Mondays

DOMINOS

1:30pm on Wednesdays

BUNCO

6:00pm ~ Wednesdays

♦ (

CRIBBAGE

1:00pm ~ Thursdays BINGO

6:00pm ~ Fridays

SEW & QUILT

(histing Continuting Education Page 3)

Saturday, December 7th 10:00am ~ Mogie's Apartment

Resident Association MEETING

No Meeting this Month.

LIBRARY OUTREACH

Thursday, Dec. 19th ~ 1:30pm

HI-NEIGHBOR

No Hi-Neighbor this Month.

Ray on Piano

3:00pm ~ Thursdays

PIANO CONCERT With BEN TRUE

Saturday, Dec. 21st 3:00pm ~ Garden Mall

Mead High School Jazz Choir

2:30pm ~ Thursday

Dec. 5th~ Garden Mall

Marc Postlewait

12:00pm ~ Birthday Party Tuesday, December 17th



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12:00pm

Resident Christmas Party Friday, December 20th