



*Dedicated To
Independence and Dignity*



Our Mission to Quality Care and Service

WELCOME TO FAIRWOOD ASSISTED LIVING AND MEMORY CARE

It is our mission and commitment to provide excellent quality care and services to each resident. We are a dedicated leader in retirement living; with exceptional management and staff who are devoted toward achieving this daily mission.

Residents are cared for by skilled, licensed staff; recognizing their independence, dignity, privacy, comfort, security and healthcare needs. With daily diligence it is our mission to provide a safe, warm home-like environment where residents may enjoy their activities of daily living; living life to its fullest. We recognize the importance of our residents' family and friends involvement, and encourage their visits and participation.

“A Place to Call Home”

**A Beautiful Warm Home-Like Setting • Skilled Attentive Staff to Every Need
Private Apartment Homes • Full Range of Flexible Services and Conveniences**



Fairwood Assisted Living is a level of residential living for those requiring greater personal assistance with daily living and healthcare. A wide range of conveniences and services are available to make daily life easier and more enjoyable. Daily Living Services include:

- Three delicious nutritious meals prepared by our cooks (Some special dietary needs, as prescribed by a physician are accommodated).
- Medication management and administration, routine treatments, special therapies.
- Caring certified staff to support each individual with bathing, grooming, personal hygiene and dressing.
- 24/7 Certified Nurse Aide care, Registered Nurse oversight.
- Assistance scheduling and transporting to healthcare appointments.
- Group and individual activity and wellness programs directed by qualified staff.
- Excursions to grocery stores and sightseeing outings.
- Spokane County Library large print books available for check-out.
- Office and administration services, resident care record management.
- Social Service Consultation upon request.



Apartment Features Include:

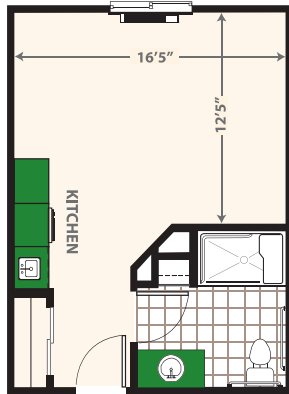
- Individual room controls for heating and air conditioning.
- Clothing closet.
- Private bathrooms with walk-in showers.
- Kitchenettes with microwave and refrigerator.
- Smoke alarms and sprinklers in individual units and common areas.
- Walker and wheelchair accessible.
- Carpet and window blinds.
- Security and emergency call systems
- Telephone and cable television hook-ups.

Common Areas:

Common areas include a lobby with private mailboxes, dining and activity rooms with beautiful views, fully lit hallways with handrails, beauty/barber salon, resident laundry room, convenient sky bridge to Fairwood Retirement Independent Living.

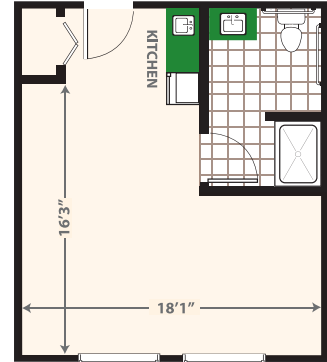


ASSISTED LIVING FLOOR PLANS

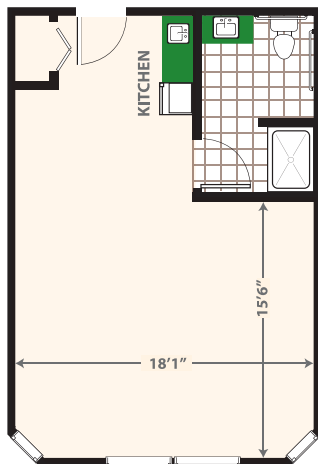
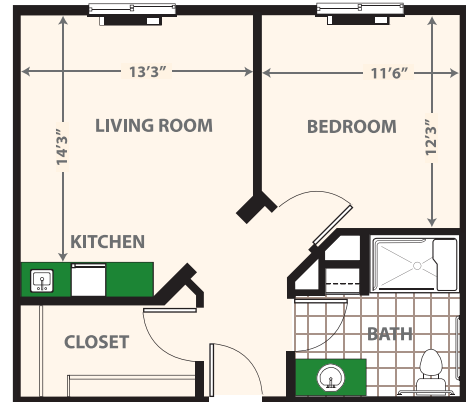


**ASSISTED LIVING
CLASSIC STUDIO**
377 Square Feet

**ASSISTED LIVING
CLASSIC STUDIO**
400 Square Feet



**ASSISTED LIVING
ONE BEDROOM**
577 Square Feet



**ASSISTED LIVING
DELUXE SUPREME STUDIO**
511 Square Feet

Northridge Memory Care at Fairwood

WELCOME TO NORTHRIDGE MEMORY CARE

The Memory Care unit at Northridge was developed at Fairwood Assisted Living to offer a secured and loving home-like environment for those who have Alzheimer's or dementia related care issues. Northridge staff are specifically trained in all areas of Alzheimer's and dementia care.

Fairwood's professional staff obtain appropriate information to develop personalized care plans to ensure dedicated quality care for each resident. This information is obtained from the resident, family physician and any other party involved. Residents will receive a positive point of view with loving understanding, dignity and compassion. Amenities include fully lit hallways with handrails, lobby, activity room, dining room, beauty/barber salon, resident laundry room, secured patio/garden and a private conference room.



Services for Quality Daily Living:

Northridge Memory Care provides care and assistance in a secured environment with daily living activities and health care. These services are provided by qualified staff to ease the daily life of residents with cognitive memory issues.

- 24 hour nurse aide certified and trained in dementia patient care; registered nurse oversight. Resident care record management.
- Assistance by caring staff with dressing, bathing, personal hygiene and grooming.
- Three delicious, nutritious meals prepared by our own cooks (some special dietary needs, as prescribed by a physician, are accommodated).
- Medication management and administration, routine treatments; special therapies.
- Transportation coordination and transportation to healthcare appointments.
- Group and individual activity programs led by qualified staff specific to dementia care.
- Weekly laundry and weekly housekeeping service.

Additional Fee for Service Options:

Beauty/Barber Salon, Manicures/Pedicures, Cable TV, Telephone.



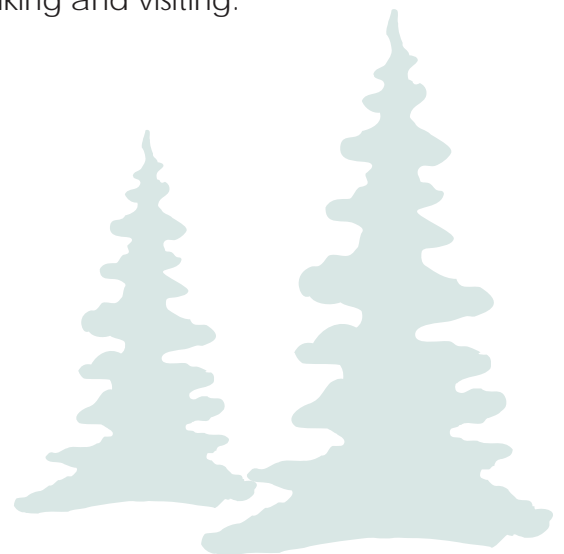
Apartment Features:

- Private bathrooms with walk-in showers with grab bars.
- Walker and wheelchair accessible.
- Carpet and window blinds.
- Security and emergency call systems (includes window alarms).
- Telephone and cable television hook-ups.
- Clothing closet and built in drawers.
- Smoke alarms and sprinklers in individual units and common areas.

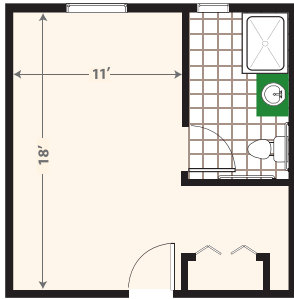
Common Areas:

Memory Care affords two levels of residential patient care. Each level offers a lobby area setting designed for common area entryway with a code alarm egress system for security. A comfortable sitting area is part of the lobby setting for residents and guests. The office for the nurse station is centrally located for easy access and viewing of residents, visitors and staff. Both Memory Care residential levels of care include a secured outside courtyard designed to allow residents to go outside in a safe setting. The courtyards are designed to offer a peaceful walking path experience with outdoor chairs to sit down to rest or enjoy the fresh air.

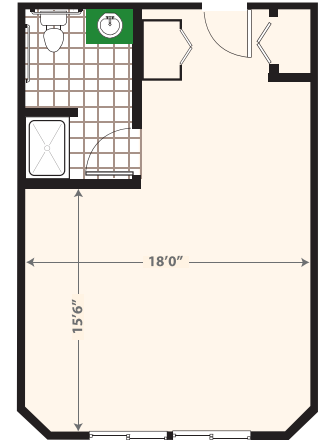
Activity rooms and dining rooms afford comfortable settings for various one on one or group activities. Memory Care has its own kitchen preparation with dining arranged to accommodate appropriate tables, chairs and feeding tables dependent upon the resident's abilities. Both have large window views for daylight and outdoor landscape scenery. Memory Care affords long hallways for walking and visiting.



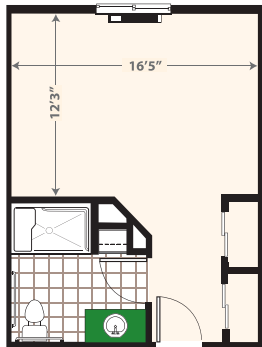
MEMORY CARE FLOOR PLANS



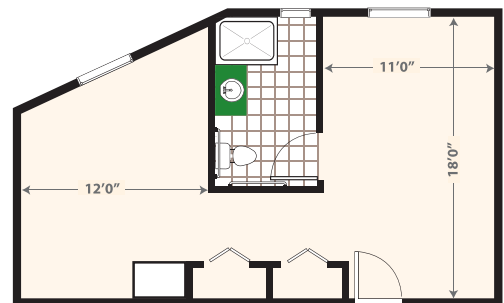
**MEMORY CARE
CLASSIC STUDIO**
338 Square Feet



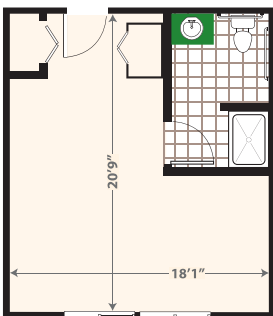
**MEMORY CARE
SUPREME STUDIO**
511 Square Feet



**MEMORY CARE
DELUXE STUDIO**
377 Square Feet



**MEMORY CARE
ONE BEDROOM**
531 Square Feet



**MEMORY CARE
DELUXE STUDIO**
400 Square Feet

Resident Satisfaction

TESTIMONIALS

"Brent and I thank you so very much for everything."

As the last of the 3 parents have left Fairwood, we will never forget how wonderful it has been for us and them to be a part of your community. In our opinion there is no better place for the lifestyle you offer. Thank you so very much for 15 years of being part of your "family".

Family Members of Resident: Brent & Nancy Monroe

"Fairwood Assisted Living has been the ideal home for my mother."

She enjoyed independent living in Fairwood Village for over 20 years. When she realized she needed extra help, she was happy to transition to Fairwood Assisted Living. The staff is caring and supportive to residents and to their family members. Their respect for my mom's independence and spirit are evident which is essential for her well-being each day.

Family Member of Resident: Cathy Aiken

"I was very pleased with the care my husband received at Fairwood."

I was also very impressed with the patience and kindness of the caregivers when they were working with the residents there. It made it so much easier for me to have the right kind of care for mom."

Family Member of Resident: Beverly Hagsath

"Whenever we had questions, needed help or advice, the staff was there to walk us through it."

I always felt like my parents were in good hands."

Resident Family Member: P. Weber





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