







July - AI

The Month of Camp Fairwood







BIRTHDAYS: 7-16 Dolores Dawson 7-31 Dorothy Jean Locke

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|--|---|---|
|  HAPPY SUNDAY! 7 | 1 9:30-Stretch & Flex 10:30-Farkle 2:30-Soap Making Class | 2 9:30-Food council 10:30- Bingo! 1:30- Manicures & Hand Massage | 3 9:30-Stretch & Flex 10:00-Fred Meyer 10:30-Farkle 2:30- 4 th of July Social | 4  9:30-Stretch & Flex 10:00-Hymn Sing 10:30-Resident Council 2:30-Card Bingo! | 5 9:30-Stretch & Flex 2:30-Friday Games | 6 2:00-Movie Matinee |
| 8 9:30-Stretch & Flex 10:30-Farkle 2:00- Musical Guest: Dave Lovell | 9 10:30-Bingo! 1:30-Manicures & Hand Massage | 10 9:30-Stretch & Flex 10:00-Fred Meyer 10:30-Farkle 2:00-Musical Guest: "Kim and Friends | 11 9:30-Stretch & Flex 10:00-Hymn Sing 10:30-Resident Council 2:30-Card Bingo! | 12 9:30-Stretch & Flex 2:30-Friday Games | 13 HAPPY SATURDAY! | |
| 14 HAPPY SUNDAY! | 15 9:30-Stretch & Flex 10:30-Farkle 1:30-Dollar Store Outing | 16 10:30-Bingo! 1:30-Manicures & Hand Massage | 17 9:30-Stretch & Flex 10:00-Fred Meyer 10:30-Farkle 2:00-Chair Dancing w/ Angela | 18 9:30-Stretch & Flex 10:30- Pinecone Bird Feeder 2:30- Card Bingo 2:45- Library Visit | 19 9:30-Stretch & Flex 10:30-Ask Jonah! 2:30- Friday Games | 20 2:00-Movie Matinee |
| 21 HAPPY SUNDAY! | 22 9:30-Stretch & Flex  10:30-Farkle 2:30-Smores | 23 10:30-Bingo! 1:30-Manicures & Hand Massage | 24 9:30-Stretch & Flex 10:00-Fred Meyer 10:30-Farkle 2:30- Dog Social w/ Pepper | 25 9:30-Stretch & Flex 10:00-Hymn Sing-along 10:30-Rock Painting 2:30- Card Bingo | 26 9:30-Stretch & Flex 10:30-Ask Jonah! 2:30-Friday Games | 27 2:00-Movie Matinee |
| 28 HAPPY SUNDAY! | 29 9:30-Stretch & Flex 10:30- Farkle 1:30-Musical Guest 2:30- Paint & Sip: Camp Edition | 30 10:30-Bingo! 1:30-Manicures & Hand Massage | 31 9:30-Stretch & Flex 10:00-Fred Meyer 10:30-Farkle 2:30-July Birthday Party |  |  |  |

JULY - Northridge

BIRTHDAYS: 7-16 Barbra Crow

The Month of Camp
Fairwood

| Day | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|--|---|---|
|  HAPPY SUNDAY! 7 | 1 10:00- Feather Ball 1:30-Soap Making Class | 2 10:30- Morning Chat w/ treats 2:30- Manicures & Hand Massage | 3 10:00- Ring Toss 1:30-4 th of July Social | 4  10:00- Piano Hymn Sing-along 2:00- Movie & Popcorn | 5 10:15- Walk Outside 1:30- Bingo! | 6 10:15- Jonah's book club |
| HAPPY SUNDAY! 7 ¹⁴ | 8 10:15- Morning Exercise 1:30- Paint & Sip: Camp Edition | 9 10:30- Morning Chat w/ treats 2:30- Manicures & Hand Massage | 10 10:15- Hockey Game 2:00- Musical Guest: "Kim & Friends | 11 10:15- Brain Games 2:00- Movie & Popcorn | 12 10:15- Pinecone Bird Feeder 1:30- Bingo! | 13 HAPPY SATURDAY! |
| HAPPY SUNDAY! 14 ⁴ | 15 10:15- Morning Exercise 1:30- Dollar Store Outing | 16 10:30- Morning Chat w/ treats 2:30- Manicures & Hand Massage | 17 10:15- Morning Exercise 2:00- Chair Dancing w/ Angela | 18 10:00- Piano Hymn Sing-along 2:00- Movie & Popcorn | 19 10:15- Fishing Game 1:30- Bingo! | 20 10:15- Jonah's Book Club |
| HAPPY SUNDAY! 21 | 22 10:15- Morning Exercise 2:00- Smores  | 23 10:30- Morning Chat w/ treats 2:30- Manicures & Hand Massage | 24 10:15- Morning Exercise 1:30- Dog Social w/ Pepper | 25 10:15- Rock Painting 1:30- Bingo! | 26 10:15- Jonah's Book Club | 27 |
| HAPPY SUNDAY! 28 | 29 10:15- Morning Exercise 1:30- Musical Guest: Keys of G | 30 10:30- Morning Chat w/ treats 2:30- Manicures & Hand Massage | 31 10:15- Morning Exercise 2:00- Musical Guest: Guitar Playing w/ Landon & July B-Day Party |  |  |  |

| Monday 29 | Tuesday 30 | Wednesday 31 | Thursday 1 | Friday 2 | Saturday 3 | Sunday 4 |
|---|--|--|---|---|--|--|
| <p>BREAKFAST</p> <p>Oatmeal Assorted Cold Cereals Cheese Omelets Shredded Hashbrown Doughnut</p> <p>Applesauce Stewed Prunes Assorted Juices White & Wheat Toast Margarine & Jelly</p> <p>2% Milk Coffee</p> | <p>BREAKFAST</p> <p>Oatmeal Assorted Cold Cereals Sausage Links Buttermilk Pancakes Maple Syrup</p> <p>Applesauce Stewed Prunes Assorted Juices White & Wheat Toast Margarine & Jelly</p> <p>2% Milk Coffee</p> | <p>BREAKFAST</p> <p>Oatmeal Assorted Cold Cereals Buttered Biscuits with Sausage Gravy Fried Eggs</p> <p>Applesauce Stewed Prunes Assorted Juices White & Wheat Toast Margarine & Jelly</p> <p>2% Milk Coffee</p> | <p>BREAKFAST</p> <p>Oatmeal Assorted Cold Cereals Cinnamon French Toast Bacon Strips Maple Syrup</p> <p>Applesauce Stewed Prunes Assorted Juices White & Wheat Toast Margarine & Jelly</p> <p>2% Milk Coffee</p> | <p>BREAKFAST</p> <p>Oatmeal Assorted Cold Cereals Scrambled Eggs Sausage Patty Warm Danish</p> <p>Applesauce Stewed Prunes Assorted Juices White & Wheat Toast Margarine & Jelly</p> <p>2% Milk Coffee</p> | <p>BREAKFAST</p> <p>Oatmeal Assorted Cold Cereals Cheese Scramble Shredded Hashbrowns Cinnamon Roll</p> <p>Applesauce Stewed Prunes Assorted Juices White & Wheat Toast Margarine & Jelly</p> <p>2% Milk Coffee</p> | <p>BREAKFAST</p> <p>Oatmeal Assorted Cold Cereals Bacon Strips Strawberry Waffles Whipped Topping</p> <p>Applesauce Stewed Prunes Assorted Juices White & Wheat Toast Margarine & Jelly</p> <p>2% Milk Coffee</p> |
| <p>LUNCH</p> <p>Cornflake Chicken Savory Potatos Stewed Tomatos Green Salad Ice Cream Sundaes</p> <p>2% Milk Coffee Margarine</p> | <p>LUNCH</p> <p>Lasagna Buttered Green Beans Garlic Bread Stick Green Salad Cowboy Cookie</p> <p>2% Milk Coffee Margarine</p> | <p>LUNCH</p> <p>Pepper Steak Buttered Rice Mixed Vegetables Blueberry Pie</p> <p>2% Milk Coffee Margarine</p> | <p>LUNCH</p> <p>Chicken Alfredo Scandanavian Vegetable Sugar Cookie</p> <p>2% Milk Coffee Margarine</p> | <p>LUNCH</p> <p>Baked Fish Parslief Potatos Pickled Beets Lemon Wedge Tarter Sauce Lemon Pudding</p> <p>2% Milk Coffee Margarine</p> | <p>LUNCH</p> <p>Swedish Meatballs White Rice Buttered Zucchini Cottage Cheese And Jello Salad Brownies</p> <p>2% Milk Coffee Margarine</p> | <p>LUNCH</p> <p>Apricot Ham Sweet Potatos Baby Carrots Tossed Salad Choc. Chip Cheesecake Cake</p> <p>2% Milk Coffee Margarine</p> |
| <p>DINNER</p> <p>Corn Dogs Macaroni And Cheese Buttered Peas Grapes 2% Milk Coffee Margarine</p> | <p>DINNER</p> <p>B. L. T on Sourdough Cottage Cheese w/ Fruit Ice Cream 2% Milk Coffee Margarine</p> | <p>DINNER</p> <p>Navy Bean Soup Egg Salad Sandwich Saline Crackers Peach Cobbler 2% Milk Coffee Margarine</p> | <p>DINNER</p> <p>Chili Con Carne Honey Cornbread Tossed Salad Cinnamon Pears 2% Milk Coffee Margarine</p> | <p>DINNER</p> <p>Chicken Pally on Bun Lettuce, Tomato, Pickle French Fries Creamy Cucumbers Watermelon 2% Milk Coffee Margarine</p> | <p>DINNER</p> <p>Turkey and Swiss Sandwich Ambrosia Salad Potato Chips Ice Cream 2% Milk Coffee Margarine</p> | <p>DINNER</p> <p>Pastrami on Rye Spinach Salad Cantalope 2% Milk Coffee Margarine</p> |