

# THE NORTH SPOKANE SENIOR TIMES

## ★ WANDERMERE ★

# BLOCK PARTY

You're invited to join us on  
**Saturday, Sept 14th • 1pm-6pm**

**Wandermere Mall at the corner of Division & Hastings Rd.**

AMR • Live music by Rusty and Ginger from 3-6pm  
SCFD#9 Fire Truck on site • Photo Booth • Petting Zoo  
Dancing with LiteFeet • S.C.O.P.E Finger Printing for Kids



**SENIOR LOUNGE**  
with FREE refreshments for seniors!

**Wear PURPLE** and  
get a special gift from the Alzheimer's  
Association for Paint The Town Purple

Brought to you by **FAIRWOOD RETIREMENT VILLAGE**  
with special thanks to **Vandervert Developments**



### Featuring the Kari's Kritterz Petting Zoo!

Meet the whole menagerie of permanent residents: mini horses, goats, pigs, bunnies, guinea pigs, and a mix of seasonal visitors which can be baby goats, baby lamb, calf, chicken chicks.







312 W. Hastings Road • Spokane, Washington 99218

*please join us*

**WANDERMERE**  
**BLOCK PARTY**  
 Saturday, Sept 14th 1pm-6pm  
 At Hastings Rd and Division at the Wandermere Mall

**THE NORTH SPOKANE SENIOR TIMES**

**INDEPENDENT LIVING  
 LIFE LEASE  
 BUY-IN SEMINARS  
 AND GROUP TOURS**



**LET US ANSWER YOUR QUESTIONS!**

*Yes* **WE'RE TOURING**

**Please join us on any or all of the following dates:**

- Thursday, August 29<sup>th</sup> 12pm to 3pm**
- Thursday, September 12<sup>th</sup> 12pm to 3pm**
- Thursday, September 26<sup>th</sup> 12pm to 3pm**

**Where: Fairwood Retirement Village  
 312 W Hastings Rd  
 Independent Living Dining Room in Building #10**

**RSVP: Call 509.467.2365  
 Space is limited for these events!**



**Thursday, August 22nd**

**Downsizing and Organizing Workshop**

**12pm-1:30pm**

**DOWNSIZING FOR A MOVE! WITH ANGELA**

**Where: Fairwood Retirement Village  
 312 W Hastings Rd, meet in the Independent Living Dining Room in Building #10**

**RSVP: Call 509.467.2365  
 Space is limited for this event!**



Silver Lining Tidying Artist serves as a professional organizer who engages in the holistic approach of home and office organization.

☆☆☆☆☆  
 "Angela offered thoughtful questions and discussions. I was able to filter through my things to truly find what made my home warm and inviting. My home has become my sanctuary and I am finding a great deal of pleasure to invite people over to enjoy my space."  
*Natalie*

☆☆☆☆☆  
 "Angela came into my home with such a positive energetic attitude right from the beginning and made me feel comfortable. I now have the chance at a new beginning, knowing what I have and where it is. Thank you, Angela. You truly are a silver lining!"  
*Joe*

☆☆☆☆☆  
 "Every space I walk into, drawer I open, moment of my day inside my business sparks great joy. The rejuvenation I feel throughout my work day is the result of Angela's sensitivity to my wishes and her amazing sense of design, purpose and potential in seeking people's spaces."  
*Marcy*

*Dedicated To Independence and Dignity*

**MEMORY CARE UNITS AVAILABLE**  
 CLASSIC STUDIO: 338-511 SQ. FT **(509) 468-0457**



**Tours Available By Appointment**

**Fairwood Retirement Village**  
 312 W. Hastings Rd.  
 Spokane, WA 99218

**509-467-2365**  
 Independent Living  
**509-468-0457**

**Business Hours:**  
 Monday - Friday: 9AM to 4:30PM  
[sheila@fairwoodretirement.com](mailto:sheila@fairwoodretirement.com)



**Assisted Living and Memory Care**

Follow Us On **facebook**





312 W. Hastings Road • Spokane, Washington 99218



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## To the Heroes Next Door Who Keep Showing Up!

We would like to extend our heartfelt gratitude to Spokane County Fire District 9 for joining us at our special fire safety picnic. Your presence and the valuable information you provided about your daily operations and the care you offer our community were incredibly enlightening. We learned crucial safety tips and felt reassured knowing that, just as generations of seniors have called Fairwood Retirement Village home, generations of firefighters have tirelessly served our community and neighborhood.

We hope to make this event an annual tradition, welcoming you each year to share a picnic and educate us on how we can work together to stay safe and support your vital work. There are no words to fully express our thanks to the emergency responders and firefighters who have consistently answered our calls over the past 37 years. You are our heroes, and we are profoundly grateful for your dedication and service!



## Celebrating Our S.C.O.P.E. Volunteers

At Fairwood Retirement Village, we are proud to recognize the invaluable contributions of S.C.O.P.E. (Sheriff's Community Oriented Policing Effort) volunteers within our community. S.C.O.P.E. is dedicated to enhancing public safety by fostering partnerships between law enforcement and citizens. Their mission is to provide a safe living environment, increase community awareness, and promote public safety through citizen involvement.

We are delighted to share that four of our residents actively volunteer with S.C.O.P.E., supporting the Spokane County Sheriff's Office. Their dedication not only strengthens our community's safety but also brings a sense of purpose and fulfillment to their lives. We are incredibly proud of their efforts and thankful for their commitment to making a difference.

S.C.O.P.E. volunteers play a crucial role in addressing public safety issues and organizing neighborhood groups. By working together, they help prevent crime and foster a spirit of community collaboration. We applaud S.C.O.P.E. for their unwavering dedication and the positive impact they have on our community.

**SCOPE**  
scopemain@spokanesherriff.org  
12710 E Sprague  
Spokane Valley, WA 99216  
Phone: 509-477-3376  
Fax: 509-477-5461



**Sheriff's  
Community  
Oriented  
Policing  
Effort**

Shields Transition Services is a full-service Packing, Moving, and House Cleaning. We specialize in serving older adults and their families in their moving and transition process.

Our compassionate Transition Team includes trained & serving off-duty firefighters who believe in serving and protecting their clients and their belongings through the entire process.



**Debbie R.**  
Spokane, WA  
99 27 2

★★★★★ May 13, 2021

A week ago my parents moved from their home of 53 years to an assisted living facility. The facility was contracted with Shields Transition Services to move current residents into the new building and highly recommended Shields Transition Services when I asked about moving company options. They were fantastic! Responsive, fairly priced, reliable and very careful with my parents many precious antiques. They treated my parents with great respect and care. Everything was moved without issue. My parents had a massive oak door mounted to their bedroom wall as a headboard which was a real bear to take down and even more difficult to mount again in their new unit. The crew did a great job without complaint. Follow-up after the move was wonderful as well. Many of the moving crew are off-duty firefighters or those in training to be firefighters. I highly recommend Shields Transition Services.

## Shields Transition Services

(509) 315-4256

*"Shielding You & Your Treasures"*

*Firefighter Owned and Managed*





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**THE NORTH  
SPOKANE  
SENIOR  
TIMES**

FAIRWOOD  
**FARMERS MARKET**  
 EST. 2014

Join us for the  
 2024 Market Season  
 Every Tuesday  
 May 14th - October 8th  
 3pm-7pm

319 W. HASTINGS RD  
 SPOKANE, WA

**TUESDAY  
SEPT 24  
3PM TO 6:30PM**



**RESERVED  
FOR  
SENIOR  
CITIZENS**



**SENIOR DAY**

**TUESDAY  
SEPT 24  
3PM TO 6:30PM**

FAIRWOOD  
**FARMERS MARKET**  
 EST. 2014

**319 W HASTINGS RD  
(ACROSS THE STREET FROM  
FAIRWOOD RETIREMENT VILLAGE)**

**SENIOR  
LOUNGE**  
WITH  
REFRESHMENTS

SELLING  
**WALK TO  
END  
ALZHEIMER'S**  
 alzheimer's association  
**PINWHEEL  
FLOWERS**

EAT FRESH BUY LOCAL

**ARTISANS  
VENDORS**

**MARKET  
FRESH  
FOOD**



*and featuring* A SENIOR LOUNGE FOR REST AND REFRESHMENTS





312 W. Hastings Road • Spokane, Washington 99218



**THE NORTH SPOKANE SENIOR TIMES**



**REGISTER AT ALZWA.ORG/WALK**

## Fairwood Retirement Village and Assisted Living Joins the Fight Against Alzheimer's

Fairwood Retirement Village and Assisted Living is proud to announce our participation in the Alzheimer's Association Walk to End Alzheimer's. This event, held annually in more than 600 communities nationwide, is the world's largest fundraiser for Alzheimer's care, support, and research. The walk calls on participants of all ages and abilities to join the fight against this devastating disease.

Since 1989, the Alzheimer's Association has mobilized millions of Americans through the Alzheimer's Association Memory Walk®. Today, the tradition continues with the Walk to End Alzheimer's, leading the way in raising funds and awareness.

### Why We Walk

At Fairwood, we understand the impact Alzheimer's has on individuals and families. We walk for those who have the disease, for their loved ones, and for the dedicated caregivers who support them every day. We also walk for those who cannot, ensuring their struggles are not forgotten and their voices are heard. This walk is more than a fundraiser; it is a movement to make services and support available to those who need them most, regardless of the type of dementia they face.

Fairwood Retirement Village and Assisted Living knows firsthand the challenges of dementia. We have hundreds of seniors in our community affected by Alzheimer's and other forms of dementia. By participating in the Walk to End Alzheimer's, we aim to support these individuals and work towards a future where there is finally a cure.

### How to Participate in 3 Easy Steps:

1. **Register:**
  - Register for your local Walk.
  - Start or join a team and invite others to walk with you.
2. **Fundraise:**
  - Start fundraising and spread the word.
  - We provide tips and coaching every step of the way, including easy ways to recruit others and raise funds.
3. **Walk Day:**
  - Join us on Walk day.
  - Come together for an inspiring community event that celebrates our commitment to ending the disease.

There is no fee to register for the Walk, but all participants are encouraged to raise critical funds. These funds enable the Alzheimer's Association to provide 24/7 care and support, advance research towards prevention, treatment, and ultimately, a cure.

Join Fairwood Retirement Village and Assisted Living in making a difference. Together, we can end Alzheimer's. For more information or to join our team, please contact Sheila Fritts at 509-467-2365 or sheila@fairwoodretirement.com.

Let's walk together for a brighter future!



# A LITTLE HELP GOES A LONG WAY.



At Love In Home Senior Care, our mission is to enhance the quality of life for our beloved seniors. Our dedicated caregivers provide personalized assistance, ensuring your loved ones receive the best care possible to maintain their independence and continue the lifestyle they choose!

Some of Our Services Include:

- Shopping & Transportation
- Bathing & Dressing Assistance
- Meal Preparation and Assistance
- Light Housekeeping
- Laundry & Dry Cleaning Assistance
- Dog Walking & Litter Box Clean up
- Medication Assistance & Reminders
- Long Term Care Insurance Advocacy Program



Call Leslie at (509) 499-9957 for your FREE Consultation!

[www.loveinhomeseniorcare.com](http://www.loveinhomeseniorcare.com)



**THE FOLOWING EVENTS ARE OPEN TO THE PUBLIC BY RSVP  
Call 509.467.2376 to sign up!**

**August**

**16<sup>th</sup> 11am-1pm Cheeseburger in Paradise Party Building #10 Garden Mall Independent Living**

**NO RSVP NEEDED**

**22<sup>nd</sup> 12pm-1:30pm Downsizing Workshop Building #10 Dining Room Independent Living**

**29<sup>th</sup> 12pm-3pm Life Lease Seminar and Group Tour Building #10 Dining Room Independent Living**



**September**

**12<sup>th</sup> 12pm-3pm Life Lease Seminar and Group Tour Building #10 Dining Room Independent Living**

**14<sup>th</sup> 1pm-6 PM Wandermere Block Party- Wandermere Mall Parking Lot NO RSVP NEEDED**

**24<sup>th</sup> Fairwood Farmers Market Senior Day Fairwood Shopping Center Parking Lot NO RSVP NEEDED**

**26<sup>th</sup> 12pm-3pm Life Lease Seminar and Group Tour Building #10 Dining Room Independent Living**



**October**

**3<sup>rd</sup> 12pm-2pm Alzheimers and Dementia Workshop with Riley Knutsen Building #10 Dining Room Independent Living**

**17<sup>th</sup> 12pm-3pm Life Lease Seminar and Group Tour Building #10 Dining Room Independent Living**



*Dedicated To Independence and Dignity*



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BP

Brent Peck

John L Scott | Broker

Residential Specialist

(509) 990-6945



The real estate market is hyperlocal. It's not about what homes are selling for on average nationally or even across the state; it's about what is happening in your neighborhood.

I am your local expert and can provide up-to-date information on home values, strategies for buying or selling, and market trends. I have chosen to partner with John L. Scott in part because they are an industry leader that is continually recognized nationally.



## Independent Living

Assisted Living • Memory Care

Watch our guided video tour at  
[www.fairwoodretirement.com](http://www.fairwoodretirement.com)

call 509.467.2365 for tours and pricing

**ENJOY YOUR RETIREMENT!**



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